

MUSIC CITY PRIMARY CARE

Did you know?

Also known as “Movember”, the movement to toss your razor in November started in Australia to raise awareness for prostate and testicular cancer.



During the month of November, we embrace the hair that so many others lose to cancer.

Global Spread

The campaign now involves over 20 countries worldwide. The US programs have now include men’s mental health and fitness.

Contact Us

More questions or need a referral to a specialist? Call 615-712-8073 or book your appointment at musiccityprimarycare.com



Prostate Cancer Awareness

Prostate cancer is the most common cancer in men, after skin cancer according to the American Cancer Society

- The risk of prostate cancer increases after age 50, risk tends to be higher when there is a positive family history

What about the role of Prostate specific antigen (PSA) testing in screening?

PSA is made by cells of the prostate, both cancerous and non cancerous cells. A level greater than 10 correlates to an increased risk of having prostate cancer by 50%. At this time, your physician may recommend a prostate biopsy to confirm diagnosis.

Other factors that can increase PSA:

- Enlarged prostates, certain medications and supplements, infection, older age, urological procedures