

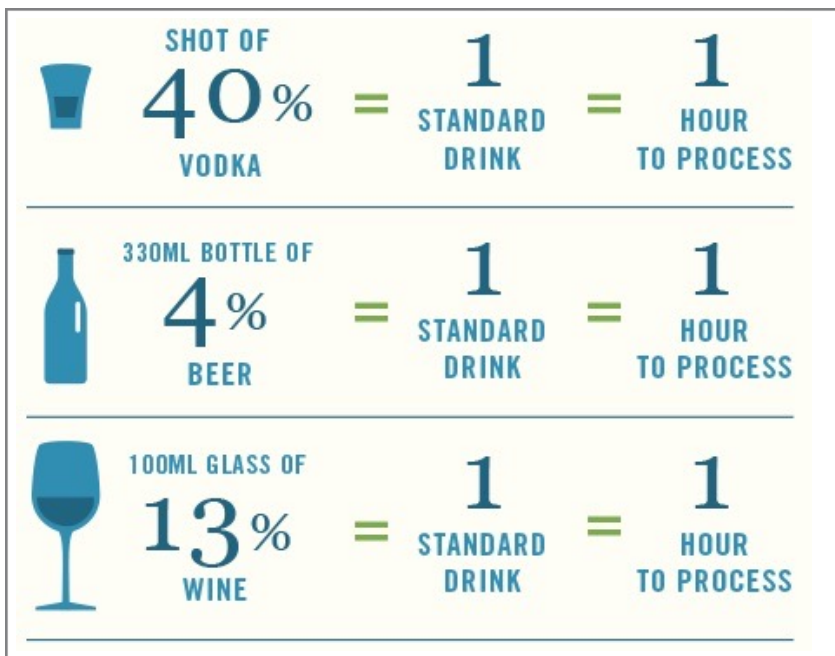
April 2022

DANIELLE FABRY, MD

April is Alcohol Awareness Month

The National Council for Alcoholism and Drug Dependence (NCADD) aims to increase awareness and understanding of the causes and treatment of a national public health concern

The current dietary guidelines for Americans recommend no more than **2 drinks/day for males and 1 drink/day for females.**



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1

LIMIT YOUR CONSUMPTION

By keeping track of the quantity consumed

2

ENCOURAGE PARENTS

To talk to their children about the risks of alcohol abuse

3

#ALCOHOL AWARENESS MONTH

To raise public awareness